



What is Flying Start?

Flying Start is a Welsh Assembly Government Initiative that aims to give a better start in life for children aged 0-3 years.

The Flying Start target area for Pembrokeshire is Pembroke and Pembroke Dock, based around the catchment areas of the following schools:

- Pembroke Dock CP School
- Pennar CP School
- St Mary's RC School
- Gelli Aur / Golden Grove CP School (bi-lingual setting).
- Monkton Priory CP School

The project aims to support children and families by providing:

- Child Care
- Health Visiting
- Parenting Skills
- Basic Skills
- Information



Flying Start Project



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Child Care

• Playgroups

Each child (from the term after their 2nd birthday until the term after their 3rd birthday) living within the Flying Start area will be able to access free childcare at one of the playgroups. This will be available for 2½ hours per day for up to five days per week for 42 weeks of the year. The playgroups are based within the five schools.

• Day Nursery

Alternatively, if you are a working parent you may wish your child to access the childcare at a local day nursery, such as, Golden Manor Day Nursery, Jumping Beans Day Nursery or Tabernacle Kindergarten.

This provision is for children whose parent(s) are working a minimum of three days a week and would have difficulty accessing a part time place in a school group due to restrictive pick up and drop off times.

All the groups are supported by a Flying Start Advisory Teacher.

• Childminding

If you are currently using a registered childminder for your childcare and you wish to continue with this, the Flying Start project can make a contribution towards the cost. Parents are asked to contact the individual childminder for further details.

Please note: your chosen childminder must be a member of the Flying Start Childminder Network to enable you to receive a contribution towards the cost.

This type of childcare may also be accessed by children previously identified by a Health Visitor. Parents may discuss this further with the childminder and the family health visitor.

Health Visiting

Flying Start is funding additional health visitor posts. This will mean that the health visitors within the Flying Start area will have reduced caseloads and will offer a wider range of support services.

Parenting Skills

Plant Dewi will provide parenting programmes on a one to one or group basis. These programmes will include parenting positively, managing children's behaviour and the incredible years programme. Families will be offered the programmes through liaison between Plant Dewi and the family's health visitor.



Basic Skills

Every family in the Flying Start target area will have access to a language and play programme. The programme will be offered in a variety of settings such as toddler groups, day nurseries, health centres, school venues and family centres all based within the Flying Start school catchment area. A number of mother and toddler groups are held within the flying start area. Please contact the flying start team for further information.

Information

A Children's Information Officer will be based within the Flying Start team and will offer parents information about the type, suitability and availability of childcare that is offered by the project. The Children's Information Service (CIS) is also able to offer guidance to people wishing to work in the childcare sector; become a childminder or set up a childcare business.



For further information, please contact:

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The Children's & Childcare Partnership
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chwarae • dysgu • tyfu
play • learn • grow
dechrau'n deg • flying start

Beth yw Dechrau'n Deg?

Menter Llywodraeth Cynulliad Cymru yw Dechrau'n Deg, a'i nod yw rhoi gwell dechreuad mewn bywyd ar gyfer plant rhwng 0 - 3 blwydd oed.

Ardal darged Dechrau'n Deg yn Sir Benfro yw tref Penfro a Doc Penfro, yn seiliedig o amgylch dalgylch yr ysgolion canlynol:

- Ysgol Gynradd Sirol Doc Penfro
- Ysgol Gynradd Sirol Pennar
- Ysgol Gatholig y Santes Fair
- Ysgol Gynradd Sirol Gelli Aur (safle dwyieithog)
- Ysgol Gynradd Sirol Priordy Monkton

Nod y prosiect yw cefnogi plant a theuluoedd drwy ddarparu:

- Gofal Plant
- Ymweliadau Iechyd
- Sgiliau Magu Plant
- Sgiliau Sylfaenol
- Gwybodaeth



Gofal Plant

• Cylchoedd Chwarae

Bydd pob plentyn (o'r tymor yn dilyn eu pen-blwydd yn ddwy hyd y tymor yn dilyn eu trydydd pen-blwydd) ac sy'n byw yn ardal Dechrau'n Deg yn gallu cael gofal plant yn rhad ac am ddim yn un o'r cylchoedd chwarae. Bydd hwn ar gael am 2½ awr bob dydd hyd at bum diwrnod yr wythnos am 42 wythnos y flwyddyn. Mae'r cylchoedd chwarae wedi eu lleoli yn y pum ysgol.

• Meithrinfa Ddydd

Ar y llaw arall, os ydych yn rhiant sy'n gweithio efallai y byddwch am i'ch plentyn gael gofal plant mewn meithrinfa ddydd leol, fel, Meithrinfa Ddydd y Golden Manor, Meithrinfa Ddydd Jumping Beans neu Ysgol Feithrin y Tabernacl.

Darpariaeth yw hon ar gyfer plant â rhiant/rhieni sy'n gweithio o leiaf dri diwrnod yr wythnos ac a fyddent yn ei chael yn anodd wrth ddefnyddio lle rhan amser mewn grŵp ysgol oherwydd amserau gollwng a chodi i fyny cyfyngedig.

Cefnogir pob grŵp gan Athrawes/Athro Ymgynghorol Dechrau'n Deg.

• Gofal Plant

Os ydych yn defnyddio gofalwr plant cofrestredig ar hyn o bryd ac yn dymuno parhau i wneud hyn, gall prosiect Dechrau'n Deg wneud cyfraniad at y gost. Gofynnir i rieni gysylltu â'r gofalwyr plant unigol am fwy o fanylion.

Sylwch: rhaid i'r gofalwr plant a ddewiswyd gennych fod yn aelod o Rwydwaith Gofalwyr Plant Dechrau'n Deg er mwyn i chi allu derbyn cyfraniad at y gost.

Gall plant a nodwyd gan yr Ymwelydd Iechyd yn flaenorol gael y math hwn o ofal plant hefyd. Gall rhieni drafod hwn ymhellach gyda'r gofalwr plant a'r ymwelydd iechyd teulu.

Ymweliadau Iechyd

Mae Dechrau'n Deg yn ariannu swyddi ymwelwyr iechyd ychwanegol. Bydd hyn yn golygu y bydd gan ymwelwyr iechyd yn ardal Dechrau'n Deg lai o achosion i'w trafod ac yn cynnig ystod ehangach o wasanaethau cefnogi.

Sgiliau Magu Plant

Bydd Plant Dewi yn cynnig rhaglenni ar sut i fagu plant ar sail un i un neu grŵp. Bydd y rhaglenni hyn yn cynnwys magu plant mewn modd cadarnhaol, rheoli ymddygiad plant a rhaglen y blynyddoedd anhygoel. Cynnigir y rhaglenni i deuluoedd drwy gydweithrediad â Phlant Dewi ac ymwelydd iechyd y teulu.



Sgiliau Sylfaenol

Bydd gan bob teulu yn ardal Dechrau'n Deg fynediad at raglen chwarae a iaith. Cynnigir y rhaglen mewn amrywiaeth o leoliadau fel grwpiau ti a fi, meithrinfeydd dydd, canolfannau iechyd, ysgolion a chanolfannau teulu i gyd yn nalgylch ysgol Dechrau'n Deg. Cynhelir nifer o grwpiau mam a phlentyn o fewn yr ardal Dechrau'n Deg. Cysylltwch â'r tîm Dechrau'n Deg am ragor o wybodaeth.

Gwybodaeth

Bydd Swyddog Gwybodaeth Plant yn gweithio yn Nhîm Dechrau'n Deg a bydd yn cynnig gwybodaeth i rieni ynglŷn â'r math o ofal plant sy'n cael ei gynnig gan y prosiect, ei addasrwydd a'i argaeledd. Yn ogystal mae'r Gwasanaeth Gwybodaeth Plant yn gallu cynnig arweiniad i bobl sy'n dymuno gweithio yn y sector gofal plant, bod yn ofalwr plant neu sefydlu busnes gofal plant.



Am fwy o wybodaeth, cysylltwch â:

Clare Cox

Y Bartneriaeth Plant a Gofal Plant
Sgwâr Albion
Doc Penfro
Sir Benfro
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